

# SPORT

BTEC LEVEL 3 NATIONAL EXTENDED CERTIFICATE AND DIPLOMA



The BTEC course is designed for people who have an interest in Sport, coaching and jobs within the sports industry. This Course is a combination of external exams and coursework and has elements of practical assessment included. You will learn through classwork, practical lessons and coaching sessions. The Triple course is equivalent to three A-Levels and the Single course is the equivalent to one A-Level. Both qualifications are a two year course. There will be four exams for Triple students and two exams for Single Students, taken in January and May.

## What will you learn?

You learn by completing projects and assignments that are based on realistic workplace situations within the Sports Industry. The Triple course is made up of a mixture of 14 Units: ten mandatory Units and four specialist units selected by tutors and students to best suit individual strengths. The Single Course is four units: two exam and two coursework.

## How will you learn?

All units are assessed and graded and an overall fringe for the qualification is awarded. Throughout the course there will be opportunities for you to develop your personal, learning and thinking skills. You need to be able to work creatively, independently and collaboratively on assignments and assessments. You will have opportunities to learn through assignments,

football or footgolf competitions and coaching school football teams. You will experience leading and running practical sessions in school and at local primary schools. You will also be given the chance to attend trips and work alongside professionals, who are currently involved with the Sports Industry.

## Where will it take you?

This course is designed to prepare you for a vast range of jobs in the Sports and Coaching Industry. BTEC Level 3 Extended Diplomas are valued by employers and higher education Universities. They also provide students with the opportunity to develop a range of skills and techniques, personal skills and attributes which are all essential for working life in general. Extra qualifications can be gained whilst on the course, for example: FA Level 1 coaching and life guarding qualification. The Level 3 BTEC Sports course provides a good route onto any of Bournemouth University sports courses and other universities.

## Who to talk to?

Please speak to Mr Child or email: [mike.child@thebourneacademy.com](mailto:mike.child@thebourneacademy.com) for further info.

## What will you need to study this course?

Five or more 9-4 grades at GCSE including English and Maths. At least a grade 6/Merit in a related L2 course. A grade 5 in GCSE English is desirable.

## Units Triple:

- Anatomy and Physiology (exam)
- Fitness Testing and Training (exam)
- Career Development in Sport and Active Leisure
- Sport Leadership
- Practical Sport
- Coaching for Performance
- Research Methods in Sport
- Planning a Sports Event
- Sports Injury Management
- Work Experience in Sport
- Business Operations in Sport and Active Leisure (exam)
- Skill Acquisition
- Sport Development (exam)
- Rules, Regulations and Scoring Systems

## Units Single:

- Anatomy and Physiology (exam)
- Fitness Testing and Training (exam)
- Career Development in Sport and Active Leisure
- Sport Leadership