

Bikeability Training Parent/Carer Consent Form

Dear Parent / Carer,

Your child has the opportunity to take part in Bikeability training provided by BCP Council.

Bikeability is the government's national cycle training programme based on the National Standard for Cycle Training. Cycling is a life skill with many benefits: it encourages independent mobility, is great for the environment, and improves physical and mental health. Bikeability Level 1, 2 and 3 builds the skills and confidence of people who can already ride and prepares them for a lifetime of cycling. Evidence shows Bikeability helps more people cycle, more safely, more often.

Bikeability is funded by the Department for Transport and is delivered by fully qualified, professional and DBS-checked Bikeability instructors. All our instructors also hold current Safeguarding and First Aid Training certificates.

Bikeability trains riders to make independent decisions and practice safe and responsible cycling through:

- Making good and frequent observations
- Choosing and maintaining the most suitable riding positions
- Communicating intentions clearly to others
- Understanding priorities on the road, particularly at junctions

Bikeability is offered at three levels:



Level 1 develops mastery in cycle handling skills in traffic-free environments



Level 2 develops skills for cycling on single-lane roads with simple junctions and moderate traffic



Level 3 develops skills for cycling on busy, complex roads and junctions

Riders must demonstrate all National Standard assessment criteria independently before they progress on to the next Bikeability level. All participants receive an official Bikeability certificate including a personal cycle skills profile.

COURSE INFORMATION	WHAT WILL YOUR CHILD NEED?
School: The Bourne Academy Bikeability Levels: Levels 1 / 2 / 3 Dates: Sessions run from 11th – 22nd March and will be allocated based on numbers Times: During the school day	<ul style="list-style-type: none"> • Completed consent form (see overleaf) • Roadworthy bike without stabilisers (see bike check guide). If your child does not have a bike but would like to take part, please inform your school in advance of the course as we do have some spare bikes available • Helmet • Suitable clothing for the weather conditions

INSURANCE

BCP Council maintains insurance to cover its legal liability to pay compensation for accidental injury to persons and/or damage to property arising out of the operation of the Cycle Training Scheme. Accidents can occur however, when there is no fault attributable to organisers/supervisors, and therefore you may feel it worthwhile to purchase Personal Accident Insurance Cover for your child as this is not automatically provided by the Council.

Bikeability places are limited and places will be booked on a first come basis. **Please complete and return the consent form to MAIN RECEPTION or STUDENT RECEPTION / PASTORAL at The Bourne Academy as soon as possible.** Thank you.

Bikeability Training Parent/Carer Consent Form

Please read the following information carefully before completing and returning the consent form to your child's school. I agree to the following:

1. My child can participate in the Bikeability course described above.
2. My child can **already cycle unaided for at least one minute without help or stabilisers**. Instructors will refuse participation if this is not the case.
3. I am responsible for ensuring my child has a roadworthy cycle for training/or to inform their school in advance so my child can borrow a suitable one. Instructors will refuse participation if this is not the case.
4. I will ensure my child is appropriately clothed for the weather.
5. I understand that my child will be required to wear a Hi Viz waistcoat while training on the road which will be provided by the Council.
6. I understand instructors are not responsible for any injury or liable for any loss or damage to participants' cycles and other belongings.
7. I will provide a suitable cycle helmet that fits my child's head well.
8. I understand that the instructors are not qualified mechanics but may perform simple adjustments to my child's bicycle, such as saddle height adjustment, if required. No liability is accepted by the council or the instructors for these adjustments.
9. I will encourage my child to practice between sessions and support their cycling after training.
10. I understand that the course will provide my child with basic cycle safety skills and experience of the main manoeuvres associated with cycling on the public highway. Children will receive a certificate and badge at the end of the course, but this is not a licence guaranteeing they are safe to cycle unsupervised on the road. I understand that the decision for my child to cycle unsupervised after the course will be the decision of parents / carers.
11. I understand the information I provide below will be processed in accordance with BCP Council's privacy policies. More information is available at: <https://www.bcpCouncil.gov.uk/About-BCP-Council/Privacy/Privacy.aspx>

Full Name of Child:	Age:
GENDER (Male / Female / Other (please state) / Prefer not to say:	
School: The Bourne Academy	School year:
Medical conditions, Special Educational Needs, Disabilities or behavioural issues that the instructors need to be aware of (please state in full with as much information as possible):	

If you are happy for your child to be photographed and/or filmed to help promote Bikeability, please tick here

If your child does not have access to a bike and needs to borrow one, please tick here

Parent / carer name:	
Parent / carer signature:	Date:
Parent/ guardian emergency contact number:	