



@DORSETMHST



Dorset
Mental
Health
Support
Team in
Schools

NHS

Dorset HealthCare
University
NHS Foundation Trust



**FEELING
WORRIED OR
LOW? NOT
SURE WHAT
TO DO?**

**WHATEVER YOUR WORRY,
WE ARE HERE FOR YOU**

MENTAL HEALTH SUPPORT TEAM (MHST) IN SCHOOLS

School-based support for students suffering from emotional health difficulties including worry, stress, anxiety, panic attacks and low mood. For students who are in the Kinson / West Howe area and attend the following schools:

- Bourne Academy
- Elm Academy
- Kingsleigh Primary
- Kinson Primary
- LeAF Studio School
- Oak Academy

**TALK TO SCHOOL STAFF TO DISCUSS ACCESSING
SUPPORT THROUGH THE MHST**